



LEGENDA

S = stationary

Sf = step forward

R= right

L= left

Vs = versus

B = Back

**U.I.K.J. Grading Syllabus
(Mudansha)**

U.I.K.J. – Mudansha Grading Syllabus



ROKKYU 6° Kyu (6 months)

Karate (Fight)

Kihon

1. **Jodan Oizuki** (Sf) **Chudan Gyakutzuki** (S)
2. **Age uke** (Sf) – **Gyakutzuki** (S) - **Mae geri** (S)
3. **Soto uke** (Sf) – **Gyakutzuki** (S) - **Mae geri** (S)
4. **Uchi uke** (Sf) – **Gyakutzuki** (S) - **Mae geri** (S)
5. **Gedan barai** (Sf) – **Gyakutzuki** (S) - **Mae geri** (S)
6. **Shuto uke** (Sf)
7. **Mae geri** (Sf) – **Oizuki** (Sf)
8. **Yokogeri keage** (from kidadachi) (Sf)
9. **Yokogeri kekomi** (from kidadachi) (Sf)
10. **Fumikomi** (Sf) – **Enpi uke** (S) – **Sokumen Jodan Uraken uchi** (S)

Kata

1. **Ten no kata (Omote e Ura)**
2. **Heian Yodan**
3. **Heian Godan**

Kumite (Sanbon Kumite)

(ATT) Chudan Oizuki-Chudan Oizuki–Chudan Maegeri
(DIF) Uchi uke–Soto uke–Gedan barai/Gyakuzuki(S)

(ATT) Jodan Oizuki - Chudan Oizuki – Chudan Maegeri
(DIF) Age uke–Soto uke–Gedan barai/Gyakuzuki(S)

Kobudo (Weapons)

Jo

Suburi (Series 3)

Kata - Roku no Jo

Nunchaku

1. **Kata (KJD + MATAYOSHI)**
2. **Kumitachi**

Aikido (Levers & Projections)

Kihon

1. **Ikkyo**
2. **Nikyo**

Judo (Grappling)

Kihon

Gokyo 2 (last 4 waza)

Pil Sung (Fight)

Kata

Won hyo

Sparring

Drills 4