



LEGENDA

S = stationary

Sf = step forward

R= right

L= left

Vs = versus

B = Back

**U.I.K.J. Grading Syllabus
(Mudansha)**

U.I.K.J. – Mudansha Grading Syllabus



HACHIKYU 8° Kyu (6 months)

Karate (Fight)

Kihon

Zenkutsu dachi (Sf)

1. **Oizuki** (Sf)
2. **Age uke** (Sf)
3. **Soto uke** (Sf)
4. **Gedan barai** (Sf)
5. **Gyaku tzuki** (Sf)
6. **Age uke** (Sf) – **Gyaku tzuki** (S)
7. **Soto uke** (Sf) – **Gyaku tzuki** (S)
8. **Mae geri** (Chudan) (Sf)
9. **Shuto uke** (Sf)
10. **Gedan barai** (Sf) – **Tatemawashi Tetsui uchi** (S)

Kata

1. **Taikyoku Sandan (Omote e Ura)**
2. **Taikyoku Yodan (Omote e Ura)**
3. **Heian Nidan**

Kumite (Gohon Kumite)

(ATT) Jodan Oizuki - Chudan Oizuki

(DIF) Age uke – Soto uke/Gyakuzuki(S)

(ATT) Jodan Oizuki - Chudan Oizuki – Chudan Maegeri

(DIF) Age uke – Soto uke – Gedan barai/Gyakuzuki(S)

Kobudo (Weapons)

Jo

Suburi (Series 1)

Bo

1. **Kata (KJD + MATAYOSHI)**
2. **Kumitachi**

Aikido (Levers & Projections)

Kihon

1. **Kihon**
2. **Hiriki**
3. **Shumatsu**

Judo (Grappling)

Kihon

Gokyo 1 (last 4 waza)

Pil Sung (Fight)

Kata

Dan gun

Sparring

Drills 2/3